

CPCR is on its way... to a great future, hopefully!

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In 2021, the Brazilian Association of Cardiorespiratory Physiotherapy and Physiotherapy in Critical Care (ASSOBRAFIR) launched its new scientific journal called **CPCR (Cardiorespiratory Physiotherapy, Critical Care and Rehabilitation)**. A dedicated group of chief and associate editors was assembled, and the journal is now boldly “up and running” towards a solid future. In its first year of life, CPCR has published 12 articles: 8 articles of original research, 2 short communications, 1 systematic review and 1 state-of-the-art review. The themes of the original articles covered a vast array of topics, including:

- In-hospital mobilization after cardiac surgery¹
- Characterization of patients with COVID-19-related ARDS²
- Barriers faced and lessons learned to conduct a trial during the COVID-19 pandemic³
- Assessment of diaphragmatic mobility⁴
- Upper extremity function and walking in stroke survivors⁵
- Heart rate variability and accelerometry post-surgery for gastrointestinal cancer⁶
- Validation of a self-efficacy scale for COPD in Portuguese language⁷
- Assessment of skeletal muscle dysfunction in COPD⁸
- Use of the 4-meter gait speed test to prescribe exercise intensity in COPD⁹
- Influence of breathing exercises on diaphragmatic mobility¹⁰

In addition, the reviews on educational interventions in patients with diabetes¹¹ and the association of heart rate and longevity¹² were also welcomed additions to the current literature. Anyone can access all these articles entirely for free in the journal’s website: <https://www.cpcrjournal.org/archive>¹³.

All of us involved in CPCR are very thankful to the authors and reviewers, who made possible to bring to researchers and clinicians high-quality research even in this short period of time. We have figured out how rewarding it is to count on the confidence of authors and reviewers to give life to CPCR. Further, we certainly count on many other authors and reviewers to continue pursuing CPCR’s goal of publishing scientifically rigorous research that can potentially contribute to the worldwide advance of cardiorespiratory physiotherapy, rehabilitation and/or physiotherapy in critical care, in adults, elderly, paediatrics and neonates.

CPCR is looking forward to new challenges, such as increasing visibility and submissions, reducing the length of the review process and getting indexed in relevant databases. For example, since September 2022 CPCR is using a newer version of the online system of manuscript submission (please visit <https://ojs.uel.br/revistas/uel/index.php/cpcr/login>)¹⁴, which will facilitate the process as well as the communication between all the involved parties. Exciting and great things are waiting for all of us (editors, authors, reviewers, readers...). We would like to invite you from anywhere in the world to be part of CPCR in any of these roles, since they are equally important... and also to encourage you to send us your best articles, accept our invitations for peer-reviews and keep reading, citing and sharing the scientific articles of CPCR. Please join us on our way to a great future for CPCR, a future which has already started!

¹Editors-in-chief of the CPCR journal

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Author contributions

FP, RM and MK contributed for the conceptualization and writing of the manuscript, as well as for revising it.

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